

**Background:**

Staff will provide updates to Project Development Committee members regarding Public Information activities, the status of new or recently approved projects, and projected available funds. Meeting materials include the following written information for your review prior to the meeting:

- Grant Project Highlights – The quarterly Grant Project Highlights Report is enclosed for review by Committee members. This report provides highlights of grantee accomplishments for a number of current TCDD funded projects. The [Project Highlights](#) for the Health and Fitness project were included last quarter and will be presented by grants staff at the Committee of the Whole.

Staff may also refer to the following printed materials, found behind other Tabs:

- Public Information Report - This quarterly report includes recent public information staff activities related to creating awareness and building connections. Tab 13
- TCDD Quarterly Financial Report – This report summarizes TCDD’s budget and expenditures and is used to determine the projected available funds. Tab 6

TCDD staff may also provide updates to the Committee of other achievements or items of concern.

**Project Development Committee**

**Agenda Item 6.**

**Expected Action:**

No action is anticipated; information item only.

**Council**

**Agenda Item 11. A.**

**Expected Action:**

The Council will review discussions on this item. No action is anticipated.

**TCDD Higher Education Project Highlights  
May 2013**

**Health and Fitness for Individuals with Developmental Disabilities**

**RFP Intent:** To demonstrate how appropriate supports may help individuals with developmental disabilities to participate in exercise and nutrition programs to help achieve their health and fitness goals.

**Grantee: Any Baby Can of San Antonio**

Project Title: Any Body Can Year: 2 of 5  
Project Location: San Antonio and surrounding counties TCDD Budgeted: \$228,610

**Accomplishments:**

- As of December 2012, 39 families have been enrolled and are actively participating;
- Program is 8 months over 4 phases: Jump Start, Exploration, Inclusion and Self Training;
- Families receive weekly home visits for planning, implementation and support;
- Families have access to recreation facilities, a Registered Dietician, and a Physical Therapist

**Sustainability:**

The intent of this program is to create sustained systematic change to promote inclusion in community recreation centers and organizations. Any Baby Can of San Antonio currently partners with Respite Care of San Antonio and the Brighton Center on the federally funded RISE program.

**Products:**

Flyer and Brochure

**Grantee: Epilepsy Foundation of Texas**

Project Title: Get FIT (Fitness, Integration, Technology) Texas Year: 1 of 5  
Project Location: Statewide TCDD Budgeted: \$249,538

**Accomplishments:**

- Project is based on the Get FIT New Jersey program developed in 2008;
- Numerous program materials have been adopted for Texas, including promotional materials, weekly health tips, and activity guides;
- To date the project has been primarily engaged in preparing materials, researching and developing selection and monitoring criteria, and planning;

**Sustainability:**

The Epilepsy Foundation has a long history of providing effective, quality programs and services and has the capacity to adapt to temporary challenges, provide quality services, and maintain a solid foundation for the future.

**Products:**

Weekly Health Tips; Flyer; Poster; Survey; Invitation Letter; Consultation Forms; Initial Assessment Questionnaire; Quarterly Assessment Form; Program Synopsis; Exercise Plan

**Grantee: Texas Statewide Independent Living Council (TX SILC)**

Project Title: Getting Fit to Live, Work and Play Year: 2 of 5  
Project Location: Brazos Valley and West Texas TCDD Budgeted: \$250,000

**Accomplishments:**

- A 3-tiered approach is used: 1) increase the availability and access to fitness programs for individuals with disabilities, 2) connect consumers to established health programs, 3) increase awareness of the importance of health and fitness program for people with developmental disabilities
- Brazos Valley CIL has 24 active participants; LIFE/RUN has 48 active participants with 22 in the process of establishing a health and fitness plan

**Sustainability:**

Sustainability will be achieved through providing access to health and fitness programs for people with disabilities through policy change and community understanding. The results of this demonstration project will be used to increase policy-maker understanding of the benefits of health and fitness programs for people with disabilities.

**Products:**

Program Flyer; Quarterly Newsletter