

**Texas Council for Developmental Disabilities
Executive Committee**

Date: 8/07/13

Review of Proposed Activities & Budget

ITEM: A

Grantee: **Helpful Interventions, Inc.**

Year: 2 of 3

Project Title: **Gulf Coast African American Family Support Conference (GCAAFSC)**

Project Location: **Houston**

Website: <http://gcaafsc.net/>

TCDD RFP Intent:

Primary Goal: To establish a sustainable Gulf Coast of Texas African American Family Support Conference (modeled on the Central Texas African American Family Support Conference) with the goals of strengthening family and individual awareness of available behavioral and physical health care services through culturally sensitive education, supports, and partnerships; reducing stigma, and eliminating health disparities.

Authorized Funding Increased (original): Yr 1: \$75,000 (\$35,000) Yr 2: \$75,000 (\$35,000) Yr 3: \$50,000 (\$15,000)

Expected Results: To become a sustainable network to unite the African American community in the Houston area. At least 200 participants will attend the GCAAFSC.

Project Goals and Accomplishments for Year 1:

Goal: To strengthen individual and family awareness of available behavioral and physical healthcare services.

Accomplishments per goal: Helpful Interventions, in collaboration with diverse community stakeholders, hosted a "Family Breakfast Summit" with keynote speaker Representative Garnett Coleman, District 147, Texas House of Representatives, in December 2012. The summit attracted 80 attendees, including 20 community-based agencies, social, health and faith based organizations, advocates, consumers and families. Participants shared their ideas on mental health issues, physical and spiritual health, as well as developmental disabilities and substance use. The satisfaction survey indicated 90%+ satisfaction of the event, and measured the attendee's interests and needs for the upcoming conference scheduled for November 1, 2013. The project will host a pre-conference August 14, 2013.

Proposed Goals and Objectives for Year 2:

Goal 1: Same as above.

Objectives: 1) To integrate research, data, resources and practice to plan an annual conference in Houston, Texas; 2) 200 conference attendees will be able to express an overall increase in awareness about life wellness and risk factors; 3) Conference attendees will be able to identify a life and wellness factor to apply in practical life situations; 4) GCAAFSC promotion and outreach will be able to report a contrast in the conference attendance from 2011, 2013 and 2014; 5) and, Community Stakeholders will be able to engage in activities that support the sustainability of having an annual conference; 6) Community Stakeholders will be able to identify an activity to increase wellness and decrease overall health disparities among African Americans.

Staff Recommendations:

Public Policy Considerations: The conference will bring culturally appropriate awareness and foster commitment to addressing disproportionality and disparity in the Houston area African American community. By harnessing the power and influence of the community's natural supports and strengths, and providing a safe forum for real and difficult conversations, the conference has the potential to be the catalyst for the community to identify and support the use of already available resources and implement policy changes to increase service accessibility to those in need. The interest in the conference and the data yielded from the conference will give formal and informal community leaders the legitimacy and support they need to seek policy changes. **Grants Management Considerations:** Risk Assessment: Moderate Risk (awards within award); increased monitoring will be provided as a result of increased funding. TCDD staff frequently participate in PAC and committee meetings. **Staff Recommendations:** TCDD staff recommends continuation funding for this project with increased fiscal and programmatic monitoring.

Continuation Budget Detail Summary

	Federal	Match	Totals
Expended Year 1 (10 months) (Consultant: \$47,771)	\$75,000/ \$36,433	\$40,421/ \$22,763	\$115,421/ \$61,330
Amount requested for Year 2 budget:			
I. Personnel Services	0	0	0
II. Travel	1,127	522	1,649
III. Purchased Services (Consultant \$67,341)	67,341	30,557	97,898
IV. Property/Materials	2,100	175	22,276
V. Rental/Leasing	3,225	5,515	8,740
VI. Utilities	1,207	2,400	3,607
VII. Other	0	0	0
Budget period totals	\$75,000	\$39,169	\$114,169