

## Consideration of Continuation Grant Awards

Tab 5

### **Background:**

Executive Summaries for six (6) current grant projects that are eligible for continuation funding are enclosed for consideration by the Committee (Items A-F). Grants monitoring strategies are noted under staff recommendations which follow the grants risk assessment report. Note that grantee organizations' names below are "hyperlinks" to summary information about each project on the TCDD website.

- A. [Any Baby Can](#) – Health & Fitness
- B. [Texas A&M University](#) – Higher Education
- C. [Texas Parent to Parent](#) – Public Policy Collaboration Activities
- D. [Texas Statewide Independent Living Council](#) – Health & Fitness
- E. [The Arc of Dallas](#) – New Leadership Development and Advocacy Skills Training
- F. [VSA Arts of Texas](#) – Self-Advocates as Speakers

**Grants Risk Assessment Report** – The Grants Risk Assessment Report enclosed summarizes the risk assessment matrix for consideration of grant awards.

### **Important Terms:**

**Continuation Grant Awards:** For each grant project funded by TCDD, the Council authorizes the number of years of funding available (usually 3 to 5 years), but projects must reapply for funding each year.

#### **Executive Committee**

##### **Agenda Item 8.**

#### **Expected Action:**

The Executive Committee will review the information provided and consider approving funding for each continuation award.

#### **Council**

##### **Agenda Item 10. B.**

#### **Expected Action:**

The Council will receive a report on Executive Committee decisions and may be asked to consider approving increased funding for the project.

**Texas Council for Developmental Disabilities`  
Executive Committee**

**Date:** 2/5/2014

**Review of Proposed Activities & Budget**

**ITEM: A**

**Grantee:** Any Baby Can of San Antonio

**Year: 3 of 5**

**Project Title:** Health & Fitness for Individuals with Developmental Disabilities (Any Body Can)

**Project Location:** Atascosa, Bexar, Comal, Frio, Gonzales, Guadalupe, Medina, Uvalde, and Wilson Counties

**Website:** [anybabycansa.org/services/health-wellness](http://anybabycansa.org/services/health-wellness)

**TCDD RFP Intent:**

The project intent is to demonstrate how appropriate supports may help people with developmental disabilities to participate in exercise and nutrition programs.

**Authorized Funding:** TCDD has approved up to \$250,000 for up to five years.

**Expected Results:** Grantees are expected to demonstrate how to: 1) Provide *individualized*, inclusive recreational fitness programs to people with developmental disabilities to assist them to reach their goals in fitness, recreation, and overall wellness and 2) Provide training and/or technical assistance to enable service clubs and volunteer organizations to, if necessary, alter their culture and activities to support full and equal participation by people with developmental disabilities in a way that will promote participation in recreational programs based on interest and wellness goals.

**Project Goals and Accomplishments for Years 1-2:**

**Goal:** The achievement of optimal health, physical fitness, actualization and inclusion of individuals with developmental disabilities and the maintenance of a lifestyle conducive to physical fitness, as demonstrated by 80 families actively enroll and complete the 32-week program.

*Accomplishments per goal:* The project participated in outreach activities such as the Mayor's Fitness Council and SiClovvia, at which staff gave live demonstrations of program exercises. The program features an 8 month curriculum with progress documented via pre- and post-program surveys. The curriculum, developed prior to program inception, has been certified by the National Strength and Conditioning Association, which allows Any Body Can staff to train YMCA and San Antonio Parks and Recreation staff on working with individuals with developmental disabilities. As of December 2013, 75 families (Year 2 target was 50 families) have been enrolled and are actively participating. Participating families receive weekly consultations with a Registered Dietician, Physical Therapist, and adapted physical educators who help create a health and fitness plan. Families also have access to community fitness facilities. The program is conducted in 4 phases (Jump Start, Exploration, Inclusion, and Self Training) that guide families through the process of incorporating physical fitness and healthy eating into their lives.

**Proposed Goals and Objectives for Year 3:**

**Goal:** Same as above.

**Objectives:** 1) Enroll 60 new families, of which at least 50 will complete the 32 week training and 2) Establish new partnerships with and train staff in at least 2 recreational venues

**Council Considerations: Public Policy Considerations:** The project is influencing attitudinal barriers to inclusion while improving health and physical fitness and impacting policy and practice by partnering with traditional fitness providers, special education programs and community change efforts (Mayor's Fitness Council and San Antonio 2020). **Grant Management Considerations:** No concerns; high risk monitoring (awards within award). TCDD staff has frequent contact on a quarterly basis and annual onsite reviews.

**Staff Recommendation:** TCDD staff recommends continued funding for this project.

<b>Continuation Budget Detail Summary</b>			
	Federal	Match	Totals
<b>Expended Year 1</b>	\$228,610/\$228,610	\$93,250/\$95,640	\$321,860/\$324,250
<b>Expended Year 2 (8 months)(Consultant: \$23,450)</b>	\$228,610/\$157,831	\$76,203/\$52,470	\$304,813/\$210,301
<b>Amount requested for Year 2 budget:</b>			
<b>I. Personnel services</b>	173,905	38,975	212,880
<b>II. Travel</b>	0	9,776	9,776
<b>III. Purchased services (\$16,400 consultants)</b>	28,715	17,525	46,240
<b>IV. Property/Materials</b>	376	2,307	2,683
<b>V. Rental/Leasing</b>	0	0	0
<b>VI. Utilities</b>	2,753	0	2,753
<b>VII. Other (Indirect Costs)</b>	0	0	0
Budget period totals	\$205,749	\$68,583	\$274,332

**Texas Council for Developmental Disabilities`  
Executive Committee**

**Date: 2/5/14**

**Review of Proposed Activities & Budget**

**Item: B**

**Grantee: Texas A&M University**

**Year: 3 of 5**

**Project Title: Bridge to Career in Human Services**

**Project Location: Statewide**

**Website: None**

**TCDD RFP Intent:** The project intent is to seek to develop, demonstrate, and evaluate more inclusive models of post-secondary education through which students with severe disabilities receive the supports they need to succeed in college, university, and/or vocational/technical programs that were originally designed for students without disabilities. TCDD has approved funding of up to \$225,000 per year for up to five years.

**Authorized Funding:** TCDD has approved up to \$225,000 for up to 5 years.

**Expected Results:** The Bridge to Career in Human Service program will train 50 students in the human service area leading to a certificate and job placement by the end of year 5.

**Project Goals and Accomplishments for Year 2:**

**Goal:** To recruit, admit, and support students with developmental disabilities in the Bridge to Career in Human Services postsecondary program.

*Accomplishments per goal:* There were 20 students admitted to the 5-week summer program and 18 of these students completed the training which consisted of independent living skills, self-determination, familiarity with the online curriculum, disability and development and professionalism. In May 2013, 9 students graduated from the program and are currently working. Currently there are 23 students in the program for the 2013 academic year. Students receive independent living skills training, self-determination, mentoring, tutoring, in-class support, in-class curriculum, practicum placement and job placement assistance.

**Proposed Goals and Objectives for Year 3:**

**Goal:** Same as above

**Objectives:** Recruit 20 and admit 10 students with developmental disabilities to attend the Bridge to Career in Human Services postsecondary program; and, teach and support students to help them complete the program.

**Staff Recommendations:**

**Public Policy Considerations:** The Texas A&M project will expand its reach this year with a Bridge to Career in Human Service how-to manual for other higher education institutions and entities that provide vocational training to adopt or replicate the program. This project is anticipated to provide outcome and evaluation data for legislative advocacy to maintain current and enhance future public education policies.

**Grant Management Considerations:** No concerns; high risk monitoring (awards within awards, grantee required to submit RAR's monthly).

**Staff Recommendations:** TCDD staff recommends the Council to consider continued funding.

<b>Continuation Budget Detail Summary</b>			
	Federal	Match	Totals
<b>Expended Year 1</b>	\$225,000/\$225,000	\$80,476/\$89,284	\$305,476/\$314,284
<b>Expended Year 2 (6 months) (Consultant: \$4531)</b>	\$225,000/\$180,590	\$69,104/\$58,648	\$294,104/\$239,238
<b>Amount requested for Year 2 budget:</b>			
<b>I. Personnel Services</b>	130,411	7,051	137,462
<b>II. Travel</b>	2,475	0	2,475
<b>III. Purchased Services (Consultants: \$25,435)</b>	61,980	0	61,980
<b>IV. Property/Materials</b>	1,993	0	1,993
<b>V. Rental/Leasing</b>	0	0	0
<b>VI. Utilities</b>	0	0	0
<b>VII. Graduate Student Tuition</b>	8,544	0	8,544
<b>VIII. Other (Indirect Costs)</b>	19,597	67,947	162,536
<b>Budget period totals</b>	<b>\$225,000</b>	<b>\$74,998</b>	<b>\$299,998</b>

**Texas Council for Developmental Disabilities  
Executive Committee**

**Date: 2/5/2014**

**Review of Proposed Activities & Budget**

**ITEM: C**

**Grantee: Texas Parent to Parent (TxP2P)**

**Year: 4 of 5**

**Project Title: Public Policy Collaboration**

**Project Location: Austin**

**Website: <http://www.txp2p.com>**

**TCDD RFP Intent:**

The project intent is for multiple projects that will assist TCDD to promote and participate in collaborative activities related to public policy. For the purposes of this RFP, "collaboration" is defined as "organizations and/or individuals working together in a formal, sustainable manner; demonstrating mutual respect, mutual learning, and mutual accountability; sharing risks, resources, responsibility, and rewards; with a common goal."

**Authorized Funding:** The Council did not establish specific funding amounts for the project; TCDD has approved funding for up to five years

**Year 1: \$65,588      Year 2: \$61,780      Year 3: \$58,700      Year 4: \$55,800 requested**

**Expected Results:** Advocates of all ages and abilities will be trained to participate in the legislative process.

**Project Goals and Accomplishments for Year(s) 1-3:**

**Goal year(s) 1-3:** Develop the TxP2P Adopt-a-Legislator Program that will utilize parent volunteers of children with disabilities, young self-advocates or siblings to advocate for community-based issues in health and human services, transportation, housing, employment, and education for people with disabilities.

*Accomplishments per goal:* In year one, this project trained parents to create testimony and present at Legislative Hearings, reaching 126 self-advocates and 219 family members. In year two, TxP2P staff provided 6 face-to-face trainings in 6 Texas cities; 160 total participants. 89 advocates made legislative visits and/or attended stakeholder meetings. In year three, the grantee provided trainings at several conferences and coordinated 9 one-on-one trainings and legislative visits with parents who met them at the Capitol. The grantee has hosted 29 conference calls to date that cover a variety of topics related to advocacy. 15 Volunteer advocates participated in the "My Medicaid Matters" rally. 81 advocates attended stakeholder meetings and legislative hearings. Two volunteer advocates were able to successfully add amendments to bills.

**Proposed Goals and Objectives for Year 4:**

**Goal(s):** Same as above

**Objective(s):** Create program documents, training curriculum, advertise program, and recruit family volunteers; Train up to 85 parents, grandparents, young self-advocates, and/or siblings to advocate for community-based issues; Stay current on state issues around community-based issues in health and human services, transportation, housing, employment, and education for people with disabilities. Create a video of advocacy training to distribute to individuals in rural areas.

**Staff Recommendations: Public Policy Considerations:** Texas Parent to Parent's Advocacy Network's goal to have every Texas Representative engaged with volunteer disability advocates that include parent, young self-advocates, and siblings. Advocates in each district will meet with their local representative and then have monthly interactions with them or their staff to advocate for community-based issues in health and human services, accessible transportation and housing, meaningful employment, and appropriate education for people with disabilities. The project has bi-lingual staff and has a plan to address barriers to reaching the volunteer advocates in rural districts by employing teleconference calls and webinars.

**Grant Management Considerations:** No concerns; low risk monitoring.

**Staff Recommendation:** Council to consider continued funding for this project.

**Continuation Budget Detail Summary**

	Federal	Match	Totals
<b>Expended Year 1</b> (Consultant: \$375)	\$65,588/\$65,588	\$29,698/\$39,482	\$95,286/\$105,070
<b>Expended Year 2</b> (Consultant: \$375)	\$61,780/\$61,780	\$41,473/\$47,101	\$103,253/\$108,881
<b>Expended Year 3</b> (7 months) (Consultant: \$375)	\$58,700/\$32,545	\$29,237/\$54,082	\$87,937/\$86,627
<b>Amount requested for next year budget:</b>			
<b>I. Personnel services</b>	36,941	1,216	38,157
<b>II. Travel</b>	975	0	975
<b>III. Purchased services</b> (\$8,375 consultants)	13,968	44,168	58,136
<b>IV. Equipment/Supplies</b>	1,200	0	1,200
<b>V. Rental/leasing</b>	2,232	0	2,232
<b>VI. Utilities</b>	484	200	684
<b>VII. Other</b>	0	0	0
Budget period totals	\$55,800	\$45,584	\$101,384

**Texas Council for Developmental Disabilities`  
Executive Committee**

**Date:** 2/5/2014

**Review of Proposed Activities & Budget**

**ITEM: D**

**Grantee:** Texas Statewide Independent Living Council (TX SILC)

**Year: 3 of 5**

**Project Title:** Health & Fitness (Getting Fit to Live, Work, and Play!)

**Project Location:** Brazos Valley; Lubbock; El Paso

**Website:** <http://www.txsilc.org/healthandfitness/>

**TCDD RFP Intent:**

The project intent is to demonstrate how appropriate supports may help people with developmental disabilities to participate in exercise and nutrition programs.

**Authorized Funding:** TCDD has approved up to \$250,000 for up to five years

**Expected Results:** Grantees are expected to demonstrate how to: 1) Provide *individualized*, inclusive recreational fitness programs to people with developmental disabilities to assist them to reach their goals in fitness, recreation, and overall wellness and 2) Provide training and/or technical assistance to enable service clubs and volunteer organizations to, if necessary, alter their culture and activities to support full and equal participation by people with developmental disabilities in a way that will promote participation in recreational programs based on interest and wellness goals.

**Project Goals and Accomplishments for Years 1-2:**

**Goal 1:** Improve the overall health and fitness of people with developmental disabilities by providing access to appropriate programs for at least 150 individuals

**Goal 2:** Provide evidence-based, data-supported report to demonstrate project efficacy.

*Accomplishments per goal:* The project has a three-tiered approach to developing programs that improve health: 1) Increasing the availability of and access to fitness programs for individuals with disabilities; 2) Connecting consumers to established health programs in pilot areas; and 3) Increasing awareness of the importance of health and fitness programs for people with disabilities. TX SILC has added Volar CIL (El Paso) as a partner in addition to Brazos Valley CIL and LIFE/RUN. In the first year, the project conducted trainings on the benefits of health and fitness for staff at all partner sites. Demonstration sites began identifying consumers and developing and disseminating marketing materials. Partner Brazos Valley CIL has served 61 participants and LIFE/RUN CIL 147 while Volar, having recently established a program, is serving 15 for a grand total of 223 individuals. The project provided technical assistance and training to partners to build capacity toward access to health and fitness services; identified and began collecting participant baseline data; and began compiling data to be used for the Year 2 report.

**Proposed Goals and Objectives for Year 3:**

**Goals:** Same as above.

**Objectives:** 1) Continue in-house and community-based health and fitness programs at LIFE/RUN, BVCIL and Volar; 2) Provide data collection and reporting system to demonstrate project efficacy; and 3) Produce *Getting Fit to Live, Work, and Play: A Study on Wellness and Developmental Disabilities* report.

**Council Considerations:** **Public Policy Considerations:** TCDD will review the annual report when it is ready. Public Information staff members are available to provide technical assistance regarding identifying partners and stakeholders to whom to distribute it.

**Grant Management Considerations:** This grantee has had difficulty producing the required match in Year 2. The grant specialist has suggested additional ways to generate match.

**Staff Recommendation:** TCDD staff recommends continued funding for this project.

<b>Continuation Budget Detail Summary</b>			
	<b>Federal</b>	<b>Match</b>	<b>Totals</b>
<b>Expended Year 1 (Consultant \$97,208)</b>	\$219,472/\$219,472	\$54,868/\$55,741	\$274,340/\$275,213
<b>Expended Year 2 (8 months)(Consultant \$133,876)</b>	\$250,000/\$124,919	\$65,000/\$10,629	\$315,000/\$135,548
<b>Amount requested for Year 2 budget:</b>			
<b>I. Personnel services</b>	80,020	0	80,020
<b>II. Travel</b>	3,267	0	3,267
<b>III. Purchased services (\$133,876 consultants)</b>	151,931	52,000	203,931
<b>IV. Property/Materials</b>	705	0	705
<b>V. Rental/Leasing</b>	4,404	0	4,404
<b>VI. Utilities</b>	4,673	0	4,673
<b>Budget period totals</b>	<b>\$245,000</b>	<b>\$52,000</b>	<b>\$297,000</b>

**Texas Council for Developmental Disabilities  
Executive Committee**

**Date:** 02/05/14

**Review of Proposed Activities & Budget**

**ITEM: E**

**Grantee:** The Arc of Dallas

**Year: 3 of 3**

**Project Title:** Exp-Leadership Development and Advocacy Skills Training

**Project Location:** Dallas

**Website:** <http://www.arcdallas.org>

**TCDD RFP Intent:**

The intent of the Expansion of Existing Leadership Development and Advocacy Skills Training (Exp-LDAST) RFP was to expand the impact of TCDD leadership development and advocacy skills training projects that have been funded through previous RFPs. The organization must have achieved outcomes as stated in the original RFP under which they were funded.

**Authorized Funding:** TCDD has approved funding up to \$75,000 for up to 3 years

**Expected Results:** The advocacy training curriculum will be used to further expand this grassroots network of advocates. Trainees and other supporters will actively engage in advocacy and work to effect public policy.

**Project Goals and Accomplishments for Year(s) 1-2:**

**Goal year(s) 1-2:** The goal of Advocates for Choice and Change North Texas (ACCNT) is to develop an organized group of people empowered to effect quality of life improvements through public policy by engaging in self-advocacy and self-determination.

*Accomplishments per goal:* 77 individuals have graduated from iLead classes. A new training program was launched this grant year (iLead 2) for graduates of the introductory course. A “train the teachers” component of iLead was newly implemented and will allow the curriculum to be taught by other Arc teachers and teachers in Independent School Districts (ISDs). Duncanville ISD will pilot the “train the teachers” program in January, 2014. Duncanville serves a large African American and Hispanic population, two target groups for this project. A Public Relations (PR) consultant was hired to develop a strategic marketing plan for the Grassroots Advocacy & Information Network (GAIN). 9 graduates of iLead traveled to Houston to attend the Texas Advocates Convention. 1 graduate was elected to the board of Texas Advocates.

**Proposed Goals and Objectives for Year 3:**

**Goal(s):** Same as above

**Objective(s):** Prepare at least 80 advocates annually, whether people who have disabilities, their families, or community partners to engage government and systems in effective self-advocacy. Develop and maintain a community of at least 100 grassroots self-advocates who can remain informed and interact with each other as they choose and facilitate their choice of advocacy goals. Facilitate the group of self-advocates in their engagement of policy-makers by coordinating and encouraging 4 or more self-determined advocacy activities/projects. Implement sustainability plan by generating memberships, in-kind donations, volunteer support, contributions, sponsorship fees.

**Staff Recommendations:** Public Policy Considerations: At the end of its second year, the Arc of Dallas has graduated 77 more advocates from iLead: Leadership Institutes 1 and 2. Graduates are expected to apply for volunteer leadership roles in the Grassroots Advocacy & Information Network (GAIN) that has community events and uses web-based technology for public policy advocacy projects. The Arc is meeting project goals of an organized strategy that is engaging the whole community in public policy advocacy to bring about change to better the opportunity of people with IDD to live self-determined lives in the community.

**Grant Management Considerations:** Key staff were replaced midway through year 2. New staff made slight revisions to the training curriculum and modified some project activities in order to allow time to fully acquaint themselves with the project.

**Staff Recommendation:** Council to consider continued funding for this project.

**Continuation Budget Detail Summary**

	Federal	Match	Totals
<b>Expended Year 1</b> (Consultant: \$66,419)	\$75,000/\$75,000	\$49,606/\$49,602	\$124,606/\$124,602
<b>Expended Year 2</b> (8 months) (Consultant: \$66,419)	\$75,000/\$42,703	\$79,420/\$44,128	\$154,420/\$86,831
<b>Amount requested for next year budget:</b>			
<b>I. Personnel services</b>	31,164	12,710	43,874
<b>II. Travel</b>	3,631	4,250	7,881
<b>III. Purchased services</b> (\$33,855 consultants)	36,855	54,517	91,372
<b>IV. Equipment/Supplies</b>	3,350	1,911	5,261
<b>V. Rental/leasing</b>	0	8,623	8,623
<b>VI. Utilities</b>	0	2,661	2,661
<b>VII. Other</b>	0	0	0
Budget period totals	\$75,000	\$84,672	\$159,672

**Texas Council for Developmental Disabilities`  
Executive Committee**

**Date:** 2/5/14

**Review of Proposed Activities & Budget**

**Item:** F

**Grantee:** VSA arts of Texas

**Year:** 2 of 4

**Project Title:** Opening Minds, Opening Doors: Promoting Self-Advocates as Speakers

**Project Location:** Travis, Hays, Williamson, El Paso, Bexar, and Harris Counties **Website:** None

**TCDD RFP Intent:** The project intent is to recruit a diverse group of self-advocates who will become public speakers, facilitators or mentors in an effort to increase the number of organizations that include self-advocates as speakers, facilitators and mentors at in-state conferences or trainings.

**Authorized Funding:** TCDD has approved up to \$125,000 for up to 4 years.

**Expected Results:** Conferences and trainings will use self-advocates as speakers, facilitators, or mentors.

**Project Goals and Accomplishments for Year 1:**

**Goal:** To increase the number of self-advocates who are speakers, facilitators and mentors at conferences held in Texas.

*Accomplishments per goal:* A 6-week training course that focused on story-telling, interview practice and using a microphone was piloted with a group of 9 self-advocates. An autobiographical story was written by each self-advocate which was crafted into a short speech and presented to a live audience. Of the initial 9 participants, 6 of them will continue to the next phase of training. The training course was revised and expanded to include two additional phases, one phase concentrates on writing toward common themes and ensemble writing and the other course is on the practice of presentation techniques/styles and incorporating multimedia. A database was created of interested self-advocates, disability professionals and conference providers to use as a tool to recruit potential participants. A web page was created about the project to add to the VSA Texas website

**Proposed Goals and Objectives for Year 2:**

**Goal:** Same as above.

**Objectives:** Create program documents and training curriculum, advertise program and recruit PAC members and 12 self-advocates; train self-advocates to become speakers, mentors and facilitators and provide ongoing support and technical assistance to these self-advocates; and, support self-advocates as speakers and presenters at conferences in Texas.

**Staff Recommendations:**

**Public Policy Considerations:** The Opening Minds, Opening Doors Self-Advocates as Speakers project is teaching people with disabilities how to use storytelling and acting to give presentations at conferences and meetings on public policy issues that impact their lives. By giving self-advocates the tools to identify and encourage policy changes, the trained presenters may change public perceptions, political bias for institutional settings and anything else they choose to address. This project also will elevate the status of people with disabilities in these venues and may lead to opportunities for paid speaking engagements.

**Grant Management Considerations:** No concerns; considerable risk monitoring (award within awards).

**Staff Recommendations:** TCDD staff recommends the Council to consider continued funding.

<b>Continuation Budget Detail Summary</b>			
	Federal	Match	Totals
<b>Expended Year 1 (8 months)(Consultants: \$18,550)</b>	\$125,000/\$59,027	\$41,666/\$18,023	\$166,666/\$77,050
<b>Amount requested for Year 2 budget:</b>			
<b>I. Personnel Services</b>	71,562	18,431	89,993
<b>II. Travel</b>	\$6160	\$0	6160
<b>III. Purchased Services (Consultants: \$21,652)</b>	31,895	19,330	51,225
<b>IV. Property/Materials</b>	383	3605	3988
<b>V. Rental/Leasing</b>	13,950	0	13,950
<b>VI. Utilities</b>	1050	300	1350
<b>VII. Other (Indirect Costs)</b>			
Budget period totals	\$125,000	\$41,666	\$166,666