

Background:

Executive Summaries for three (3) current grant projects that are eligible for continuation funding are enclosed for consideration by the Committee (Items A-C). Grants monitoring strategies are noted under staff recommendations which follow the grants risk assessment report.

- A. Any Baby Can – *Health & Fitness*
- B. Texas SILC – *Health & Fitness*
- C. DARS – *Higher Education – Project HIRE*

Grants Risk Assessment Report (found under Tab 3) – The Grants Risk Assessment Report enclosed summarizes the risk assessment matrix for consideration of grant awards and provides more detail about monitoring activities for all TCDD funded projects.

Important Terms:

Continuation Grant Awards: For each grant project funded by TCDD, the Council authorizes the number of years of funding available (usually 3 to 5 years), but projects must reapply and be approved for funding each year.

Executive Committee

Agenda Item 8.

Expected Action:

The Executive Committee will review the information provided and consider approving funding for each continuation award.

Council

Agenda Item 12. B.

Expected Action:

The Council will receive a report on Executive Committee decisions.

**Texas Council for Developmental Disabilities`
Executive Committee**

Date: 2/3/2016

Review of Proposed Activities & Budget

ITEM: A

Grantee: Any Baby Can of San Antonio

Year: 5 of 5

Project Title: Health & Fitness for Individuals with Developmental Disabilities (Any Body Can)

Project Location: Atascosa, Bexar, Comal, Frio, Gonzales, Guadalupe, Medina, Uvalde, and Wilson Counties

Website: anybabycansa.org/services/health-wellness

TCDD RFP Intent:

The project intent is to demonstrate how appropriate supports may help people with developmental disabilities to participate in exercise and nutrition programs.

Authorized Funding: TCDD has approved up to \$250,000 for up to five years.

Expected Results: Grantees are expected to demonstrate how to: 1) Provide *individualized*, inclusive recreational fitness programs to people with developmental disabilities to assist them to reach their goals in fitness, recreation, and overall wellness and 2) Provide training and/or technical assistance to enable service clubs and volunteer organizations to, if necessary, alter their culture and activities to support full and equal participation by people with developmental disabilities in a way that will promote participation in recreational programs based on interest and wellness goals.

Project Goals and Accomplishments for Years 1- 4:

Goal: The achievement of optimal health, physical fitness, actualization and inclusion of individuals with developmental disabilities and the maintenance of a lifestyle conducive to physical fitness, as demonstrated by 80 families actively enroll and complete the 32-week program.

Accomplishments per goal:

The project participated in outreach activities such as the Mayor's Fitness Council and SiClovvia, at which staff gave live demonstrations of program exercises. The program features an 8 month curriculum with progress documented via pre- and post-program surveys. The curriculum, developed prior to program inception, has been certified by the National Strength and Conditioning Association, which allows Any Body Can staff to train YMCA and San Antonio Parks and Recreation staff on working with individuals with developmental disabilities. As of November 2015, 177 families have participated; the goal was to have 50 families per year participate the program. The grantee is confident that at least 18 more families will complete the program by the end of the current budget period. Participating families receive weekly consultations with a Registered Dietician, Physical Therapist, and adapted physical educators who help create a health and fitness plan. Families also have access to community fitness facilities. The program is conducted in 4 phases (Jump Start, Exploration, Inclusion, and Self Training) that guide families through the process of incorporating physical fitness and healthy eating into their lives.

Proposed Goals and Objectives for Year 5:

Goal: Same as above.

Objectives:

- 1) In year 5, the project will enroll 60 new families, of which at least 50 will complete the 32 week training.
 - 2) Ninety percent (90%) of participants will explore at least one new recreational/fitness activity within the first 12 weeks of enrollment.
 - 3) Community fitness venue staff will be familiarized with issues and behaviors of participating individuals and will be trained in appropriate strategies to promote a mutually successful experience.
 - 4) Fifty percent (50%) of participants will continue the chosen activity for at least 4 weeks following program completion, and
 - 5) Ninety percent (90%) of participants will have improved measures in at least two wellness areas and will report program satisfaction.
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Council Considerations:

Public Policy Considerations: The grantee has repeatedly stated a goal of systemic inclusion of fitness for students with DD in school funding, yet no activities, outcomes or discussion are shown in this 5th year continuation request.

Grant Management Considerations: The goal of this project was to have at least 50 families participate in the program per year. This year's projections are 5 families short of that goal. No other compliance or programmatic issues are noted.

Staff Recommendation: TCDD staff recommends continued funding for this project

| Continuation Budget Detail Summary | | | |
|---|---------------------|-------------------|---------------------|
| | Federal | Match | Totals |
| Expended Year 1 (Consultant: \$17,800) | \$228,610/\$228,610 | \$95,640/\$93,250 | \$324,250/\$321,860 |
| Expended Year 2 (Consultant: \$18,000) | \$228,610/\$228,610 | \$76,203/\$76,203 | \$304,813/\$304,813 |
| Expended Year 3 (Consultant: \$16,400) | \$205,749/\$205,749 | \$68,583/\$68,583 | |
| Expended Year 4 (8 months)(Consultant: \$15,600 match) | \$120,123/\$174,887 | \$38,974/\$58,296 | \$274,332/\$274,332 |
| Amount requested for Year 2 budget: | | | |
| I. Personnel services | \$130,506 | \$43,361 | \$173,867 |
| II. Travel | 659 | 0 | 659 |
| III. Purchased services | 0 | 0 | 0 |
| IV. Property/Materials | 0 | 361 | 361 |
| V. Rental/Leasing | 0 | 0 | 0 |
| VI. Utilities | 0 | 0 | 0 |
| VII. Other (Indirect Costs) | 0 | 0 | 0 |
| Budget period totals | \$131,165 | \$43,722 | \$174,887 |

**Texas Council for Developmental Disabilities`
Executive Committee**

Date: 2/3/2016

Review of Proposed Activities & Budget

ITEM: C

Grantee: Department of Assistive & Rehabilitative Services (DARS)

Year: 5 of 5

Project Title: Higher Education for People with Developmental Disabilities (Project HIRE)

Project Location: Hidalgo County

Website: <http://drsprojecthire.com>

TCDD RFP Intent:

The project intent is to develop, demonstrate, and evaluate more inclusive models of post-secondary education through which students with severe disabilities receive the supports they need to succeed in college, university, and/or or vocational/technical programs that were originally designed for students with disabilities.

Authorized Funding: TCDD has approved up to \$225,000 for up to five years.

Expected Results: Project HIRE, by grant year five, will graduate or certify at least ten (10) individuals with developmental disabilities from South Texas College (STC).

Project Goals and Accomplishments for Years 1-4:

Goal: Select 18 individuals with developmental disabilities for the project and provide initial college and vocational readiness trainings, job shadowing opportunities, and wrap-around services for academic success

Accomplishments per goal:

Contracts were developed between DARS and the University of Texas-Pan American (UTPA), STC, Dr. Paul Wehman, Access Granted, and Dr. Lynn Fischer, who, with the project advisory committee (PAC), conducted program design and planning meetings. Cohort #1 consisted of 12 selected participants; followed by 15 in Cohort#2; 16 in Cohort #3; and 9 in Cohort #4. Educational coaches provided social skills and other supports. Bi-annual Person Centered Planning (PCP) meetings were conducted for all participants. Each participant has had a1-on-1 educational coach available in 1 or more classes. The project secured short to long-term business mentoring opportunities for 25 participants with various employers. DARS has presented at 5 state conferences and 4 national conferences over 4 grant years. A total of 8 project participants have graduated with various academic certificates degrees such as culinary arts, legal office specialist, mechanics, business management and multimedia specialist, with 5 of those graduates gaining employment in the field of their choice. An additional 4 participants are anticipated to graduate in December 2015.

Proposed Goals and Objectives for Year 5:

Goal: Create and demonstrate how to provide supports to students with DD how to provide supports to students with DD enrolled in an academic/vocational certificate program and graduate or certify a minimum of 10 individuals with DD to enable them to gain education and experience needed to meet their educational/ employment goals by 3/31/2017.

Objectives:

- 1) Select at least 5 participants for Cohort #5
- 2) Work with at least 5 new businesses, educational or service-related entities to help them gain a better understanding of the benefits of supporting students with DD in post-secondary education and employment settings
- 3) Collect data by Project Evaluator to create a "how-to" final report

Council Considerations:

Public Policy Considerations: PP staff look forward to receiving the "how to" (under development; due Spring 2016) tool for higher education institutions to develop their own programs for people with DD. As Project HIRE supports its replication in the El Paso Project HIGHER program, they are encouraged to highlight their media plan.

Job placement specialists report the benefits of time-limited internships, as they give employers an opportunity to get to know potential employees on a no-risk basis and have proven successful in leading to longer term placements. Project HIRE may want to further explore internships as a way to increase job placements for STC graduates. A comparison of students who were and were not placed after graduation might also yield insights not only for Project HIRE but also for others endeavoring to place persons with disabilities in competitive integrated jobs of their choice.

Grant Management Considerations: No compliance issues; no concerns.

Staff Recommendation: TCDD staff recommends continued funding for this project.

| Continuation Budget Detail Summary | | | |
|--|---------------------|-------------------|---------------------|
| | Federal | Match | Totals |
| Expended Year 1 (Consultant: \$86,502) | \$225,000/\$225,000 | \$32,093/\$31,425 | \$257,093/\$256,425 |
| Expended Year 2 (Consultant: \$81,326) | \$225,000/\$225,000 | \$45,598/\$15,060 | \$270,598/\$240,060 |
| Expended Year 3 (Consultant: \$196,812) | \$213,404/\$225,000 | \$51,164/\$15,060 | \$264,568/\$240,060 |
| Expended Year 4 (6 months)(Consultant: \$196,572) | \$58,836/\$225,000 | \$72,312/\$22,500 | \$131,148/\$247,500 |
| Amount requested for Year 5 budget: | | | |
| I. Personnel Services | 0 | 0 | \$0 |
| II. Travel | 0 | 0 | \$0 |
| III. Purchased Services (Consultant: \$203,573) | 204,545 | 22,500 | \$227,045 |
| IV. Property/Materials | 0 | 0 | \$0 |
| V. Rental/Leasing | 0 | 0 | \$0 |
| VI. Utilities | 0 | 0 | \$0 |
| VII. Other (Indirect Costs) | 20,455 | 0 | \$20,455 |
| period totals | 225,000 | 22,500 | \$247,500 |